

EMDR CASE REVIEW FORM

CLIENT DATA

AGE:

GENDER:

ETHNICITY:

CURRENT FAMILY SYSTEM (AND RELATIONSHIP STATUS):

PRESENTING PROBLEM(S): INCLUDING ANY SERIOUS MEDICAL HEALTH CONDITIONS:

BRIEF SYNOPSIS OF CLIENT'S HISTORY INCLUDING PAST AND PRESENT LIFE ISSUES, TRAUMATIC EVENTS, CHILDHOOD ATTACHMENT STATUS, SERIOUS HEALTH CRISES AND MEDICAL PROCEDURES, PAST MH TREATMENT EPISODES/DIAGNOSES: RESPONSES TO TREATMENT BOTH POSITIVE AND NEGATIVE: ANY PRIOR PSYCHIATRIC HOSPITALIZATIONS

DES SCORES: OR OTHER DISSOCIATIVE SCREENING INSTRUMENTS

DISSOCIATIVE SYMPTOMS:

RESOURCES INCLUDING EGO STRENGTHS, COPING SKILLS, SELF CAPACITIES:

PRESENT SOCIAL SUPPORT SYSTEM:

CURRENT STABILITY (NOTE ANY IMPULSE CONTROL PROBLEMS WITH ALCOHOL, DRUGS, VIOLENCE, SEXUAL ACTING OUT, SELF-INJURIOUS BEHAVIORS, ETC.

CURRENT ASSESSMENT/DIAGNOSIS :

- WHAT IS THE CLIENT'S PROBLEM/ISSUE/DIFFICULTY? I.E.**
 - (WHAT AILS THE CLIENT?)**
 - (WHAT ARE YOU TREATING THE CLIENT FOR?)**

- HOW WOULD YOU RATE THE CLIENT'S CONDITION ON A CONTINUUM FROM SIMPLE TO COMPLEX**

TREATMENT GOAL(S):

- IF YOUR WORK WITH THE CLIENT IS HELPFUL, WHAT DIFFERENCE WILL THE CLIENT NOTICE IN HIS/HER LIFE?**

EMDR WORK

- HOW DO YOU UNDERSTAND THE CLIENT'S DIFFICULTY/ISSUE FROM AN AIP PERSPECTIVE**
- WHERE DOES THE DIFFICULTY FIT IN TERMS OF PAST, PRESENT, FUTURE TEMPLATE?**
- IN WHAT PHASES OF THE EMDR PROTOCOL ARE YOU WORKING THE CLIENT?**
- WHAT ARE THE TARGETS FOR EMDR WORK?**

PROBLEMS THAT HAVE EMERGED IN THE WORK?

QUESTIONS FOR SUPERVISION?